

welcome to
myInertia SELECT

Your turnkey wellness portal built to deliver simple, engaging wellness to your entire workforce.

This best-practice solution makes it easy for you to instantly implement and administer a wellness program employees will love.

Give employees what they want:



Deliver the results your business needs:

- ✓ Extra motivation for health improvement
- ✓ A workplace that cares about their wellbeing
- ✓ Cutting-edge fun with fitness trackers
- ✓ An easy to understand program design

- ✓ More engaged & happier employees
- ✓ Higher retention and attraction rates
- ✓ Lower healthcare risks
- ✓ Streamlined administration processes

all at one affordable price

Pricing is based on your number of eligible employees. There are no hidden fees, or extra costs for implementation of this core product.

pricing examples:

of employees
eligible: **100**

\$3,100
annual cost

of employees
eligible: **450**

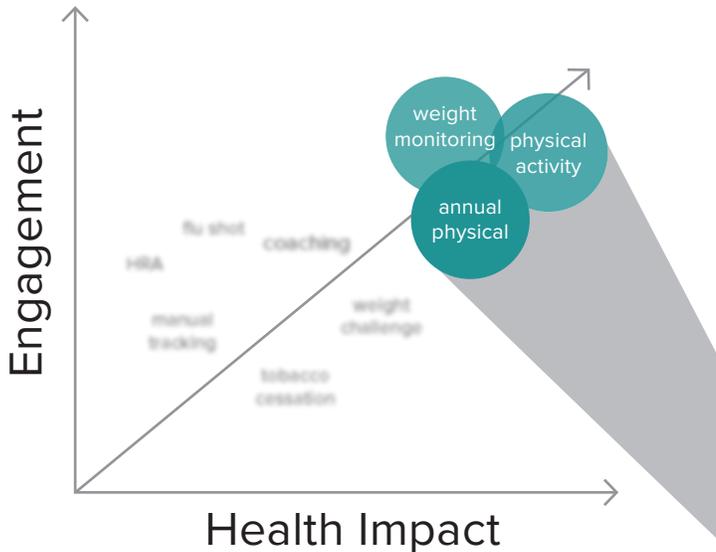
\$5,200
annual cost

of employees
eligible: **1,250**

\$10,000
annual cost

Get your personalized price quote by emailing us at info@myinertia.com

High Engagement + High Health Impact = *Meaningful Outcomes*



There are countless wellness initiatives you can focus on – from questionnaires to flu shots and everything in between. It can be difficult to know which ones to pick for true program success.

We've eliminated this burden by studying 10 years of varying program designs and surveying our current participants, to find and package together the core initiatives proven to deliver impactful health outcomes.

By focusing on these, **high-impact, high-engagement** initiatives you will create a strong foundation to improve many areas of health, including: weight, blood pressure, cholesterol, mood, energy, while also lowering the risk of diabetes, heart disease, cancer risks and more.

Administration is a breeze with myInertia Select

You simply sign up, download the communication tools, distribute the portal to employees & go.

Our proven model collects wearable data, awards points and generates reports all automatically. From there you can decide on the awards/incentive structure of your choice.

You'll also have access to our expert support team, who will handle all your administrative and employee portal and device questions directly.



WHAT'S INCLUDED:

1 An online personal account and mobile app for each employee

The modern, easy-to-use, online experience puts all the tools employees need for success at their finger tips. They can track personal health goals, earn points for their actions and interact with colleagues in challenges and leaderboards.

2 Integration with the top 3 wearable brands: Garmin, Fitbit & Apple Watch

Fitness trackers drive population engagement through both the automation of data collection *and* the support of behavior change principles like: awareness, immediate feedback, achievement of short-term goals and supporting social connections.

3 Unlimited physical activity challenges

Challenges allow you to motivate and build new social interactions within your workplace. That's why you get unlimited access to build-your-own challenges. You can pick from our catalog of options, or build one completely unique to your culture.

“I love all of the interactive challenges as well as the point system. It's so fun to push myself to earn more, be more active and take care of myself.”
- myInertia participant

GET 2X THE PARTICIPATION

National average is 24%.
myInertia averages 50%+



4 The Wellness Outlet, a discounted wearables store

To help you get devices into your employees' hands, our Select plan includes complimentary access to The Wellness Outlet. Our online store features exclusive discounts, hassle-free fulfillment directly to your employees, and free shipping.

We also provide the ability the reward employees with further discounts by offering subsidies of any dollar amount. ***We'll even give you a discount on plan pricing if you do!***

5 A points-tracking Scorecard

Empower personal choice and consistent participation using our incentive-driven scorecard fueled by earning points.

The portal automatically awards employees for:

1. Hitting a daily physical activity goal
2. Submitting a Health Pulse questionnaire
3. Completing an annual physical
4. Learning about targeted nutrition topics
5. Participating in stress-less meditation exercises
6. Weight monitoring
7. Providing program feedback

To get an insider look at Select, or learn more about our other plan options, please visit www.myinertia.com/demo

or call 888-593-8868 / email info@myinertia.com