

## Getting the Most Out of Your Experience

### TECHNICAL REQUIREMENTS



- Have a desktop or laptop computer including a video camera and microphone with strong internet access.
- [Download or update Zoom](#) if you have not done so already.
- [Watch this Video](#) for Tips on Zoom & the Event Website.
- **Select a time for the Mandatory Tech Check.** We'll ensure your devices are working properly, and that you're comfortable navigating the event site and breakouts.

### PREPARING FOR THE PSI BASIC SEMINAR

- **Clear your schedule for all FOUR days, including three day of class and the Kickoff.** Activities and exercises build upon each other during the course. It is not possible to miss any part of the class and then rejoin the class in progress.
- [Review the attendee guide](#) to assist in log in and navigating through the event.
- **Set yourself up in a private, distraction free area of your home, office, etc.** Inform your household that you will be unavailable during class times.
- **Have a notebook and pen available.**
- **Prepare your snacks and lunch ahead of time.** We will have a working lunch each day.
- **Get plenty of rest and have a healthy breakfast before class.**

### REFLECT ON YOUR GOALS

Before you begin the class, we recommend you give some thought to the specific results you would like to create both personally and professionally.





# PSI Seminars Educational Course Series

This is the beginning of an incredible journey of personal and professional development that leads PSI graduates to improved relationships, more effective use of their time and energy, less stress, better overall health, more liberty and greater contribution to the people and causes they care most about.

The PSI Basic Seminar is the first in the series of courses offered by PSI Seminars. As a graduate of the PSI Basic Seminar, you are eligible to attend the Life Success Course, Men’s/Women’s Leadership Seminar and Pacesetter Leadership Dynamics.

## BASIC SEMINAR



PSI Seminars are transformational experiences where you begin to craft the life of your dreams. This is your first step to a more extraordinary, more successful, and more fulfilling life... The PSI Basic is an educational course where you challenge yourself to explore, question, and discover your life such that you expand your personal and professional effectiveness now!

**PSI Seminars** has been in business for over 49 years and is the longest continuously running personal-growth seminar company in the U.S. We encourage you to visit our website if you are interested in learning more about our company, our history and our advanced seminars.

[www.psiseminars.com](http://www.psiseminars.com)

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## LIFE SUCCESS COURSE (PSI VII)

As a PSI Basic Seminar Graduate, you are eligible to attend the Life Success Course. While the emphasis in the PSI Basic Seminar is self-discovery and awareness, the Life Success Course focuses on action and results. By stretching beyond what you believe are your limits, you'll discover that your capabilities go beyond anything you may have ever dreamed possible. You will tap into an inner reservoir of energy and vitality that comes with giving 100 percent.



## MEN’S & WOMEN’S LEADERSHIP SEMINAR (MLS/WLS)

Following the Life Success Course is the Men’s or Women’s Leadership Seminar. Redefine who you are and what you stand for by examining the fundamental principles by which you live. In a rigorous environment of honesty, you will see yourself – and the world – with new clarity and perspective as you take full ownership of your personal power. The purpose of both the Men’s and Women’s Leadership Seminar is to create leaders, empowered by their wholeness as men and women, and committed to living their vision by actively contributing to the world.



## PACESETTER’S LEADERSHIP DYNAMICS (PLD)

You are eligible to play Pacesetter’s Leadership Dynamics (PLD) once you have enrolled in the Life Success Course. PLD is a 90-day goal achieving program designed to integrate PSI success principles into your daily life and step into a mindset where anything is possible so you can create the life you’ve always wanted. PLD provides a structure for putting into practice on a day-by-day basis everything you’ve learned in the PSI Basic, Life Success Course, and Leadership Seminars. There is time for new behaviors to become lifelong habits, and for the insights in the seminar room to be transformed into real-life results. With a personal success coach at your side and a powerful team of support, you will challenge yourself like never before, and your biggest dreams will become realities!

