## Teen Experience Suggested Packing List

Average temperatures at Brush Ranch River Lodge are 46-85 degrees Fahrenheit (7-30 degrees Celsius) in July.

- Clothing for the week, preferably in one suitcase. Jeans, shorts, shirts, and blouses.
  Also work clothes and shoes for service project i.e. old clothing that can be
  worn/possibly ruined while painting and/or doing dirty work. (No short shorts, cut
  off tops or revealing clothing you WILL be asked to change into something more
  appropriate)
- 2. Tennis shoes, shoes for service project and/or hiking boots/shoes.
- 3. Graduation outfit (an appropriate up-casual outfit brought for the sole purpose of graduation)
- 4. Light day pack
- 5. Jacket summer or not, it can still get chilly at night
- 6. Sunscreen, insect repellant, sunglasses & Hat
- 7. Spending Money (minimum \$50 USD)
- 8. Pens/pencils, journal and copy of Living Synergistically (download and print here: \*\*link\*\*)
- 9. Soap and personal toiletries
- 10. Garden/work gloves (optional)
- 11. Refillable water bottle
- 12. Musical instrument, dance routine, etc. for Talent Show (optional)
- 13. Any medication you take on a daily or as needed basis (enough to last the entire week).
- 14. A plain white t-shirt
- 15. Do not bring: illegal drugs, alcohol, and weapons